

Finding Help for Opioid Use Disorder



Dial 2-1-1 in Vermont or visit Vermont211.org to get live referral help to opioid treatment programs.

FREE. CONFIDENTIAL. 24/7

If you are experiencing an emergency, call 9-1-1.

Berlin

Central Vermont Addiction Medicine 802-223-2003

Brattleboro

Brattleboro Retreat..... 802-257-7785

Habit Opco..... 802-349-1880

Burlington

Howard Center Chittenden Clinic..... 802-488-6450

Newport

BAART Behavioral Health Services..... 802-334-0110

Rutland

West Ridge Center..... 802-776-5800

St. Albans

BAART Behavioral Health Services..... 802-370-3545

St. Johnsbury

BAART Behavioral Health Services..... 802-748-6166

West Lebanon

Habit Opco..... 603-298-2146

Signs of an Overdose

- Person is unconscious or not waking up
- Person doesn't respond to shouting or rubbing knuckles on breastbone or between upper lip and nose
- Person is not breathing normally
 - Breathing very slowly or not breathing
 - Snoring, choking or gurgling sounds

Take Action

1 Call 9-1-1

2 Give naloxone (NARCAN®)

PEEL



PLACE



PRESS



3 If the person is not breathing after you give them naloxone, start rescue breathing and chest compressions.