



**LET'S TALK
CANNABIS**

KEY FACTS ABOUT

CANNABIS USE

KNOW THE BASICS

Understanding how cannabis affects your body, mind and overall health can help you make informed decisions.



[HEALTHVERMONT.GOV/LETS-TALK-CANNABIS](https://healthvermont.gov/lets-talk-cannabis)

**Learn how cannabis
use can impact you
and your family.**

CANNABIS AFFECTS PEOPLE DIFFERENTLY

Other terms for cannabis include marijuana, hashish, weed, pot, etc.



THE STRENGTH OF THC

Cannabis today (plants, dabs, vapes and edibles) may contain higher amounts of THC. The higher the THC content, the stronger the effects on the brain and behavior.



TEENS HAVE QUESTIONS

Parents are the #1 influence. Be open and honest with kids about the risks of underage cannabis use.



CANNABIS AFFECTS TEEN BRAINS

Teen brains are still developing. Using cannabis can affect their memory, learning and attention.



USING CAN IMPACT YOUR BABY

Using cannabis during pregnancy can affect the baby's growth and development.



CAN I "PUMP AND DUMP"?

THC can be passed through the placenta, bloodstream and breastmilk.

Get the facts about cannabis use at
healthvermont.gov/lets-talk-cannabis.